

The Dale Association is a not-for-profit organization providing an umbrella of human services for adults of all ages. Each of our services has the goal of enhancing the quality of life for people in Niagara and Erie Counties.

Our **Outpatient Counseling and Treatment Center** welcomes adults 18 and older with mental health issues, such as anger, anxiety, bipolar disorder, depression, grief, relationship problems and more. We offer immediate appointments; psychiatric services; individual and group counseling. **We accept Medicaid, Medicare, most major insurances**, and we offer a sliding fee scale based on income level.

To learn how we can help you or someone you know, please call 716-693-9961.



“Working toward an exceptional you.” Rev. 12.2015



Outpatient Counseling and
Treatment Center

624 River Road
N. Tonawanda, NY 14120
(as of March 1, 2015)

Phone: 716-693-9961
Fax: 716-693-4402
www.daleassociation.com

7.2016



Working toward an
exceptional YOU.

Help is right
around the corner.

The Dale
Association's
Outpatient
Counseling and
Treatment Center



Tel: 716-693-9961

624 River Rd.,
North Tonawanda, NY 14120

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Individual and group counseling for adults 18 and older. For confidential and immediate assistance, please call: 716-693-9961

Meet our professional staff:

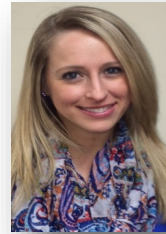
**Trish Copeland, LMSW,
Clinic Director**

- 20+ years experience
- Trauma experience
- Substance abuse / MICA training
- Experienced group facilitator



**Courtney Carey, LMHC, NCC,
Clinical Supervisor**

- Experience working with addiction & co-occurring mental health disorders
- Experience in Cognitive Behavioral Therapy, Dialectical Behavior Therapy, schema therapy, motivational interviewing & more
- Trauma Counseling Certified
- Experienced group facilitator



Stephanie Doyle, LMSW

- One-on-one counseling utilizing a person-centered, strength-based approach
- Experience working with families, couples; conflict resolution and mediation
- Experience in solution-focused therapy, cognitive behavioral therapy



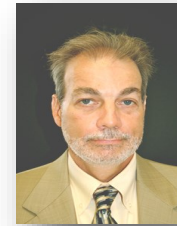
Audrey Urbanczyk, LCSW-R

- 20+ years experience
- Experience working with people living with developmental delays
- Experience working with older adults
- Experience working with seriously, persistently mentally ill adults



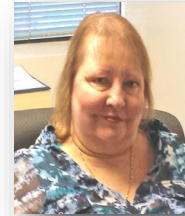
Joseph Stankovich, MSED

- Vocational Rehabilitation Counselor
- Licensed Mental Health Counselor
- Experienced group facilitator
- American Board Disability Analyst



Linda Monda, LCSW-R

- 20+ years experience
- Individual, group, couples therapy
- Experience in behavioral health, chemical dependency & family violence



Robert Spuller, LCSW-R

- 30+ years experience
 - Crisis service training
- Substance abuse experience



Counseling groups offered in Anger Management, Anxiety and Recovery

Candy Frye, LMSW

- 14 years experience
- Experience working with school districts and courts
- Experience working with adults and children with learning disabilities
- Experienced group facilitator



Dr. Ko, Psychiatrist

Dee Nieman, Receptionist

Pattie Hardy, Office Manager

Anita Mundy, RN

Suzanne Esposito, LPN

Obot Obot, Psychiatric Nurse Practitioner

Lisa Stewart, Utilization Review

This program receives support from the New York State Office of Mental Health and Niagara County Department of Mental Health. Funding for this program is provided by the Niagara County Department of Mental Health.

Monday-Friday 9:00 am-5:00 pm
with evening hours on Wednesdays

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